## Substance Abuse Among the Older Adult Population

- 1. Why are the baby boomers nicknamed the silver tsunami?
  - A. baby boomers like surfing
  - B. aging baby boomers will place serious demands on our health systems
  - C. baby boomers are the largest generation in the US
  - D. baby boomers have lived thru several natural disasters
- 2. Why is this generation at higher risk for late on-set addiction?
  - A. grew up with recreational drug use
  - B. believe all drugs should be legalized
  - C. are living in stressful economic times
  - D. A and C
- 3. What are the top substances baby boomers are most likely to abuse?
  - A. prescription pills
  - B. alcohol
  - C. marijuana
  - D. all of the above
- 4. Some of the geriatric health risks with chemical abuse are increased risk for drug interactions, slower body metabolism, negative impact with other illnesses and can increase depression and anxiety. True or False
- 5. What are some behavioral warning signs of possible chemical abuse by seniors?
  - A. frequent falls
  - B. changes in behavior after significant life changes
  - C. insomnia
  - D. A and B
  - E. A and C
- 6. Can the S-BIRT method be helpful in working with this population? True or False
- 7. Who are some key persons to help intervene with substance abuse problems in elderly persons? A. other elderly persons
  - B. Social Security employees
  - C. family, health professionals and friends
  - D. former coworkers
  - D. Tormer coworkers
- 8. Some of the barriers to treatment for older adults are lack of transportation, finances, lack of geriatric training with treatment providers and shrinking social support systems. True or False.
- 9. Special cultural competencies are not needed to work with a substance abusing geriatric population. True or False.
- 10. Did the SWAP study with its interagency collaboration provide a possible treatment model for treatment of elderly substance abusers? True or False.