

## Care Planning: A Strengths-based Approach

### Post Test Questions

January 9, 2014

1. Care planning is part of the continuum that begins with assessment because:
  - a. It helps identify complex care needs
  - b. It provides a baseline for checking progress toward goals
  - c. It measures the effectiveness of an intervention
  - d. All of the above
  
2. Primary life domains that form the basis of the assessment, preferences and care planning include:
  - a. Biological
  - b. Social
  - c. Cultural
  - d. Spiritual
  - e. All of the above
  
3. A strength-based plan of care can be developed through use of a traditional problem-focused assessment.
  - a. True
  - b. False
  
4. The naming of case management steps in a strengths-based approach reflects its focus on the client and his/her personal preferences and capacity. Some of those steps include:
  - a. Personal goal planning
  - b. Continuing collaboration
  - c. Termination
  
5. An example of a client strength that can mitigate another area in his life is a high level of cognitive functioning paired with several functional impairments.
  - a. True
  - b. False
  
6. Care planning with a couple or family differs from working with an individual living alone because:
  - a. The partner or family members may help or hinder the process
  - b. You evaluate the “team” versus the individual strengths and challenges
  - c. It offers an opportunity to evaluate team competence

- d. All of the above
7. Of equal importance but *most* important in developing a care plan are:
- a. Service needs and implementation
  - b. Willingness or unwillingness to accept services
  - c. Level of risk and goals
8. Information gathered in the assessment guides care plan development in response to strengths/needs in the following domains:
- a. Functional capacity
  - b. Cognitive status
  - c. Informal support
  - d. Environment
  - e. All of the above
9. Evidence shows that the following method of tasks assignment is most effective because it builds problem-solving skills:
- a. Case manager completed tasks
  - b. Tasks completed by case manager and client together
  - c. Tasks implemented and completed by the client
10. Following care plan development, the *most* important case management follow up task is:
- a. Arranging the services
  - b. Evaluating the plan
  - c. Calling service providers to ensure client satisfaction