

## Dementia Capable Webinar Series Post Test:

### “Begin with Good Communication” presented by Laura Bauer

Provided by the *Rosalynn Carter Institute for Caregiving*  
In partnership with the *Georgia Division on Aging Services*

#### **True or False**

1. Using baby talk with an individual with dementia is a good strategy for increasing communication.
2. Reducing distractions can be helpful when you are trying to give instructions to your loved one with dementia.
3. A disruption in the routine of an individual with dementia can cause troublesome behaviors to surface or increase.
4. A bedridden, non-vocal individual with late stage dementia is incapable of understanding what you are saying.
5. A good strategy when trying to get your loved one with dementia to go to bed is to say something like, "It's 10:00 Grandpa, let's jump into bed."
6. Frustration is a common feeling that caregivers of individuals with dementia have.
7. Sometimes, your loved one with dementia will purposefully repeat questions over and over to "spite" you.
8. Being quiet when others are around is a common coping strategy for individuals with dementia.
9. As the disease progresses, your loved one with dementia may use a different word that sounds similar to the word he or she can't remember.

### **Multiple Choice**

10. Which of these are symptoms of communication difficulties that your loved one with dementia may exhibit:
- a. Repeats himself or herself
  - b. Has a hard time understanding humor
  - c. Has difficulty putting together sentences
  - d. Uses hand motions to communicate